

Bowflex Xtl Manual

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Bowflex XTL User Manual About Bowflex XTL User Manual Bowflex XTL Power Pro Assembly Instructions Before you begin, you will need a 9/16" wrench, a 7/16" wrench, a 1/2" open end wrench, a crescentwrench (to hold the bolt while tightening with other), a rubber mallet (for step #5) and a phillips headv (+) screw driver.

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